



Siouxland Community Blood Bank

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**FREE JODEAN'S BUFFET FOR ALL WHO DONATE BLOOD
WITH THE SIOUXLAND COMMUNITY BLOOD BANK**

SIOUX CITY, IA May 20, 2009—JoDean's Steakhouse and Lounge is giving away free buffet coupons to anyone who registers to give blood with the Siouxland Community Blood Bank at Avera Sacred Heart Hospital in Yankton on May 26 and May 27.

Tuesday, May 26 and Wednesday, May 27 the Siouxland Community Blood Bank will be accepting blood donations in the hospital's Benedictine Center from 12:00pm-6:30pm. Every person who registers will receive the free buffet coupon.

The donation dates occur right after the Memorial Day weekend when donations are in high demand. Vacations and other holiday-centered events usually mean that donors have less time to make their regular donations.

"Being able to partner with JoDean's for these blood drives is a great opportunity," said Heather Marreel, Director of Recruitment for the Siouxland Community Blood Bank. "It's great for the donors who all love JoDean's and it's great for the patients who need the blood at this critical time."

To be eligible to donate at these blood drives, you must be 17 (16 with a signed parental consent form found online at www.siouxlandbloodbank.org), be in good health and not have donated whole blood within the last 56 days. Please bring a photo I.D. with you and a list of any medications that you are currently taking.

The Siouxland Community Blood Bank is a nonprofit organization that has been the sole supplier of blood and blood products to Avera Sacred Heart Hospital in Yankton since 1999. For more information go to www.siouxlandbloodbank.org.