



**Siouxland Community Blood Bank**

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**SIOUXLAND COMMUNITY BLOOD BANK  
PARTNERS WITH COFFEE SHOP TO SAVE LIVES**

SIOUX CITY, IA April 28, 2009—The Siouxland Community Blood Bank and Cornerstone Coffehouse and Deli are providing Mitchell residents with a new place to enjoy their Saturday morning coffee hour—the blood bank.

Beginning May 1, anyone who registers to donate blood on the first Saturday of the month from May to September at the Siouxland Community Blood Bank's 501 S. Ohlman Street office will be served fresh coffee from Cornerstone Coffehouse and Deli of Mitchell.

Donors who donate twice between May 1 and September 30 with one donation being during a Saturday Coffee Hour will receive a free Siouxland Community Blood Bank coffee mug. The second donation made can be done either during the Saturday hours or the Wednesday hours.

Donation hours on the first Saturday of each month are from 8:00am to 11:00am. Donation hours on Wednesday evenings at 501 S. Ohlman Street are from 2:00pm to 7:00pm.

The dates for Coffee Hour are as follows:

Saturday, May 2  
Saturday, June 6  
Saturday, July 11  
Saturday, August 1  
Saturday, September 5

Please remember to bring a photo ID when you come to donate. Appointments are encouraged, but not necessary. To make your own appointment, visit [www.siouxlandbloodbank.org](http://www.siouxlandbloodbank.org) or call 996-3826.

To be eligible to donate, you must be 17 (16 with a signed parental consent form found at [www.siouxlandbloodbank.org](http://www.siouxlandbloodbank.org)), be in general good health and may not have donated whole blood in the past 56 days.